



## FACT SHEET: EUTC SPECIFIC PROGRAM OFFERINGS

**The Fresh Start Program** works with individuals, youth and families to partake in monthly sweats, medicine picking, naming ceremonies, one-on-one counseling and access to Knowledge Keeper services.

- Assistance in accessing safe and affordable housing
  - Weekly home visits
  - Food bank assistance
  - Budgeting
  - Goal setting
  - Work with Land lords/property owners to resolve issues
- Advocacy for Employment and Income Assistance (EIA)
- Mental Health and Addictions counseling
- Advocacy for food
- Advocacy with Justice

**The Eagles Nest program** is a resource for First Nation youth who are out of school and unemployed. It provides daily nutrition, personal development through life skills, cultural education and tours of education facilities and organizations that interest the students. The objective of Eagles Nest is to gear 75 Indigenous Youth, annually, toward personal and professional goals that will ultimately see them gain confidence to return to school or obtain employment. Eagles Nest activities include presentations, workshops and trainings such as:

- Food Handler Certification Level 1
- Non-violent Crisis Intervention
- Applied Suicide Intervention Skills Training (ASSIST)
- First Aid and CPR level C
- Mental Health First Aid Certificate
- Business Ethics Certificate
- Portfolio development
- Sports and recreation
- Goal setting and PATH workshop
- Access to computers and internet
- Cooking classes and nutrition

- Cultural Awareness, teachings, ceremonies, sweat lodge, sharing circles, medicine wheel, medicine gathering, wild game preparation, drumming/singing, crafts and language.

**The Wichii Oskiaga Youth Mentorship Program** supports youth aging out of care to become independent and support them through their challenges. They are provided with mentors with similar interests to increase the success or graduation rate.

**The Patient Advocate Unit (PAU)** provides outreach services to connect First Nations individuals to health, housing, and social supports that are needed to live safely in the community, whether it be in Winnipeg or outside of Winnipeg. The main focus of the PAU is to support First Nation individuals with their concerns and issues they have encountered within the healthcare system in the areas of advocacy and navigation services. Common issues could include:

- Medical relocations
- Housing Issues
- Non-Insured Health Benefits (NIHB)
- Consultation
- Transportation resources
- Connect you with other health care professionals such as social workers, dieticians, homecare and spiritual care.
- Connecting to local community resources

**Jordan's Principle Program** provides resources to ensure that there is substantive equality between First Nation and non-First Nation children. It is to ensure there are no gaps in services that First Nation citizens are accessing and what they are actually entitled to.

**Alternative Isolation Accommodation** sites have been set up with the collaboration of First Nation leadership and the First Nation Pandemic Response Coordination Team (PRCT) set up by the AMC. EUTC and AMC staff volunteered to work at these sites over the holiday break and still continue to provide supports. First Nations citizens required supports to keep everyone safe so EUTC volunteered to provide these supports along with other First Nation organizations.

**Other initiatives and programs** EUTC was involved in was to provided hundreds of food hampers in December for First Nations seniors, and youth aging out of care and to the homeless population in Winnipeg. EUTC subsequently provided a Christmas dinner for more than 300 First nation citizens and continues to deliver services during the pandemic in new innovative ways that keep everyone safe while still meeting the goal of supporting First Nation citizens everyday.